

It's your health; check it out!



Taking risks is a normal part of life, but some risks can affect our health.

Take a few minutes to check out your risk for HIV.

If you've taken some of the risks or are having any of the problems below, your HIV Early Intervention Services (EIS) counselor can offer you a free HIV test.

It's never too late to take control of your health.

Have you ever . . .

- had sex without using a latex condom?
- had a sexually transmitted diseases (like herpes, gonorrhea, syphilis, or Chlamydia?)
- had unprotected sex after using drugs and/or alcohol?
- shared a needle or a syringe to inject drugs?
- had sex with someone who uses drugs or used them in the past?
- exchanged sex for drugs or money?

Are you having health problems that don't go away?

- | | |
|---|---|
| <input type="checkbox"/> Fever | <input type="checkbox"/> Night sweats |
| <input type="checkbox"/> Unexplained headaches | <input type="checkbox"/> Loss of appetite |
| <input type="checkbox"/> Sores or white patches in your mouth | <input type="checkbox"/> Weight loss |
| <input type="checkbox"/> Dry cough | <input type="checkbox"/> Yeast infections |
| <input type="checkbox"/> Sores in your genital area | <input type="checkbox"/> Diarrhea |
| <input type="checkbox"/> Swollen glands in your neck, armpits, or groin | <input type="checkbox"/> Shingles |

The more boxes you check, the more valuable it may be for you to talk with your HIV EIS counselor about getting a free HIV test.

Knowing your status is important because there are effective treatments available today that can help people living with HIV stay healthy longer than ever before.

Anyone infected with HIV can take steps to avoid the onset of AIDS. Yet 1 in 5 HIV-positive Americans don't know that they are infected.

Take control; take an HIV test.

Adapted from Your Health: Check It Out, GlaxoSmithKline, June 2003 and courtesy of SEATEC.